



38th ANNUAL LAKE GEORGE TICONDEROGA RACE

TO BENEFIT "Y-KNOT SAILING",
A PROGRAM OF YMCA CAMP CHINGACHOOK
FOR PEOPLE WITH DISABILITIES

JUNE 18, 2011

STARTING TIME 09:30 (AM)

OPEN TO ALL SAILBOATS ON LAKE GEORGE.

THE TICONDEROGA RACE CONSISTS OF FOUR FUN RACES. A SHORT SPRINT RACE, A LONGER NON-SPINNAKER CLASS, THE SPINNAKER CLASS, AND MULTIHULL CLASS. ANY SAILBOAT IS WELCOME IN EACH RACE, AND TIMES ARE BASED ON PHRF HANDICAPS (Please be prepared to keep your own time).

THE **BLUE SPRINT RACE** IS A SHORT RACE STARTING IN FRONT OF YANKEE YACHT IN BOLTON LANDING, AROUND DOME ISLAND AND RETURNING TO YANKEE. DISTANCE APPROXIMATELY 12 MILES. (APP. 2 HOUR)

THE **YELLOW NON-SPINNAKER RACE** IS FOR THE BOATS LOOKING FOR A LONGER RACE. THE COURSE STARTS AT YANKEE YACHT GOES THROUGH THE NARROWS AROUND GULL ISLAND AND FINISHES BACK AT YANKEE. DISTANCE IS ABOUT 35 MILES. (TIME 9 - 18 HOURS).

THE **GREEN SPINNAKER RACE** IS FOR BOATS USING A SPINNAKER. THIS COURSE STARTS AT YANKEE, GOES NORTH TO TICONDEROGA, AROUND THE GOVERNMENT BUOY AND RETURNS TO YANKEE. DISTANCE IS ABOUT 45 MILES. (TIME 10 - 24 HOURS)

THE **RED RACE** IS FOR MULTI-HULL BOATS. THIS COURSE STARTS AT YANKEE, GOES NORTH TO TICONDEROGA, AROUND THE GOVERNMENT BUOY AND RETURNS TO YANKEE. DISTANCE IS ABOUT 45 MILES. (TIME 9 - 20 HOURS)

RACES ARE OPEN TO ALL SAILBOATS ON THE LAKE AND BENEFIT THE Y KNOT SAILING PROGRAM SO PLEASE VISIT OUR WEB SITE FOR FULL DETAILS, AND JOIN US FOR A WEEKEND OF FUN AND CAMARADERIE AS YOU TEST YOUR SAILING SKILLS.

FOR MORE INFORMATION OR TO REGISTER FOR THE RACE PLEASE CONTACT:

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To learn more about the Y-knot Sailing program Visit our Web sight at www.yknotsailing.org